



DOCTOR INTRODUCTION

Poornima Gupta

Visiting Consultant – Psychology

BLK-Max Super Speciality Hospital, New Delhi

WORK EXPERIENCE

- Currently working at BLK-Max Super Speciality Hospital (Aug 2025 - Present)
- Contemplative Psychologist – Happiness Studio, New Delhi (Jul 2023 - Jul 2025)
- Worked as a trainee Psychologist – Saksham Child Psychology Clinic, New Delhi (Aug 2022 - Sep 2022)

EDUCATION & TRAINING

- PhD (Indian Psychology) - Banasthali Vidyapith, Rajasthan (Present)
- MSc (Psychology and Contemplative Studies) - Sri Sri University, Odisha (2023)
- BA (Hons) (Applied Psychology) - Amity University, Noida (2021)

AREAS OF EXPERTISE

- Individual Counselling
- Group Counselling
- Relationship Counselling
- Karmic Counselling
- Expressive Art Therapy

MEMBERSHIPS

- American Psychological Association (APA)

LOCATION & OPD TIMINGS

- **BLK-Max Super Speciality Hospital
New Delhi**

Mon - Sat: 9.00 am - 5.00 pm

FOR APPOINTMENTS

Call: **011-3040 3040**

Visit: www.blkmaxhospital.com

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